

## Let's work together to reduce food waste going to landfill



We can work towards saving more than \$10 billion worth of edible food going to waste each year.

Reduce food waste by:

- 1. Planning your meals for the week before you go shopping
- 2. Preparing a shopping list after you've checked what you already have at home



- 3. Measuring serving sizes and store food in air tight containers
- 4. Saving leftovers for an easy weeknight meal or lunch the next day
- 5. Reusing organic waste by worm farming or composting. Visit mosman.nsw.gov.au/composting

Fight food waste by making sure you Use It Up. OzHarvest have created the Use It Up tape<sup>™</sup> to remind you what food needs using up in your fridge and pantry.

The Use It Up tape makes it easy to waste less food at home! Visit www.ozharvest.org/useitup









For further general food waste information visit: mosman.nsw.gov.au/waste, lovefoodhatewaste.com.au and ozharvest.org