



CREATIVE CAREGIVERS: ART & WELLBEING SESSIONS

Wednesday, 10am–12pm
Mosman Art Gallery
FREE. Bookings essential, call 9978 4128

Tailored specifically for those who dedicate themselves to caregiving roles, this program offers a unique opportunity to explore creativity while focusing on personal wellbeing.

Partnering with Mosman Art Gallery, these sessions happen monthly on Wednesday mornings and focus on providing a supportive environment where carers can recharge, connect with others, and discover the transformative power of art for their own wellbeing.

Dates
13 March 2024
24 April 2024
12 June 2024
17 July 2024
14 August 2024
18 September 2024
6 November 2024

Mosman
COUNCIL

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CommunityCare.

