

Directory of Children's Services



Mosman
COUNCIL

www.mosman.nsw.gov.au

This Directory has been compiled and produced by Council's
Community Development Department

Additional information is available on the
Community Information Database on Council's
website:

www.mosman.nsw.gov.au

The information contained in the Directory is updated regularly and every effort is made to ensure its accuracy. Please help us to ensure that our Community Information Service continues to improve by notifying the Lending & Information Services Library Officer at Mosman Library Service (02 9978 4155) of any details that require changing or updating. We would also be pleased to receive details of any new organisations or services that could be included.

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The information contained in this directory is the latest that is available at the time of printing. Council cannot accept any responsibility or liability for any information that has become out of date.

Mosman Directory of Children's Services

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Children's Services

0-5 Years

For further information about childcare services, please visit: www.mychild.gov.au

Occasional Child Care

Occasional care services are provided at a centre on an hourly or sessional basis for short periods or at irregular intervals for parents, who need time to attend appointments, take care of personal matters, undertake casual and part-time employment, study or have temporary respite from full-time parenting. These services provide educational developmental activities for children aged from birth-to-5 years.

Heritage House Beauty Point Childcare and Learning Centre

Phone: 02 9960 7153

Location: 8 Central Ave, Beauty Point NSW 2088

Email: hhbeautypoint@gmail.com

Web: www.heritagehousechildcare.com.au

Mosman Council Occasional Childcare Centre

Phone: 02 9978 4197

Location: Allan Border Oval Pavilion, Myahgah Rd, Mosman NSW 2088

Email: webmail@mosman.nsw.gov.au

Web: www.mosman.nsw.gov.au

Hours: Mon-Fri 8am-4pm

Disability Access: Yes (Ramp)

Eligibility: Age 6 weeks - 5 years

Family Day Care

Family day care is a network of educators who provide care and developmental activities in their own homes. Family day care educators must register with a licensed co-ordination scheme who organise and support a network of educators.

Mosman Council Family Day Care

Phone: 02 9979 2359

Location: Drill Hall, 1A Cross St, Mosman NSW 2088

Mail to: 17 Henry St, Ashfield NSW 2131

Email: info@fdcsydneywide.org.au

Web: www.mosman.nsw.gov.au

Eligibility: Up to 12 years.

Multitask Family Day Care

Phone: 02 6627 5000

Mail to: PO Box 42, Lismore NSW 2480

Email: enquiries@multitask.org.au

Web: <http://www.multitask.org.au/our-services/childrens-services/multitask-family-day-care/>

Eligibility: children aged from 6 weeks to 12 years

Long Day Care

Long Day Care Centres (also known as childcare centres) are primarily children

from birth-to-5 year olds and are provided in a centre-based environment, usually by a mix of qualified and other staff. Long day care centres generally open for at least eight hours per day and run for 48 weeks a year. Long day care centres also provide educational programs based on developmental needs, interests and expenses of each child.

Ballykin at Scots Kirk

Phone: 02 9969 4168

Location: 32a Gouldsbury St, Mosman NSW 2088

Email: mosman@ballykin.com.au

Web: www.ballykin.com.au

Hours: Mon-Fri 8am-5:30pm

Contact: Danielle Kavanagh

Bond Street Montessori Early Learning Centre

Phone: 02 9960 4158

Location: 6 Bond St, Mosman NSW 2088

Email: bondstmontessori@gmail.com

Web: www.bondstmontessori.com.au

Hours: 7.30am - 6pm

Giraffe Child Care

Phone: 02 9969 3355

Location: 29 The Crescent, Mosman NSW 2088

Email: admin@giraffechildcare.com.au

Web: www.giraffemosman.com.au

Hours: 7am - 6pm

Eligibility: Up to 5 years.

Goodstart Early Learning Centre

Phone: 02 9904 1146

Location: 93 Cabramatta Rd, Mosman NSW 2088

Email: mn@goodstart.org.au

Web: www.goodstart.org.au

Hours: Mon-Fri 7:30am-6pm

Eligibility: Up to 5 years.

Heritage House Beauty Point Childcare and Learning Centre

Phone: 02 9960 7153

Location: 8 Central Ave, Beauty Point NSW 2088

Email: hhbeautypoint@gmail.com

Web: www.heritagehousechildcare.com.au

Hours: Mon-Fri 8am-6pm

Contact: Owner-Hoomayun Kermani

Eligibility: Up to 6 years.

Jack & Jill Kindergarten

Phone: 02 9969 6641

Location: 2c Alexander Ave, Mosman NSW 2088

Email: jjmosman@bigpond.net.au

Web: kindergartenmosman.com.au

Hours: Mon-Fri 8am-6pm

Contact: Margie Little, Virginia Sue,

Eligibility: From 2 to 6 years.

Mosman Kinderland

Phone: 02 9969 2297

Location: 15 Lang St, Mosman NSW 2088

Email: moskindy@bigpond.com

Hours: Mon-Fri 8am-4pm

Contact: Director-Alexis Watkins

Eligibility: From 2 to 5 years.

Only About Children Mosman

Phone: 02 8968 1500

Location: 72 Bradleys Head Rd, Mosman NSW 2088

Email: enrolments@onlyaboutchildren.com.au

Web: www.onlyaboutchildren.com.au
Hours: 7.30am - 6pm
Disability Access: Yes (full access)
Eligibility: Up to 6 years.

Pippies at Balmoral

Phone: 02 9960 5455
Location: Balmoral Oval, The Esplanade, Balmoral Beach NSW 2088
Email: office@pippies.com.au
Web: www.pippies.com.au
Hours: Mon-Fri 8am-6pm. Centre open for 50 weeks
Contact: Owner -Pip Wrench-Podvinec; Director - Stephanie Oakey
Eligibility: From 2 to 6 years.

Rhonda's Cottage

Phone: 02 9908 2055
Location: 37 Murdoch St, Cremorne NSW 2090
Email: rhondascottage@activekidsgroup.com.au
Web: www.activekidsgroup.com.au
Hours: Mon-Fri 8am-6pm
Eligibility: Up to 5 years.

Sally's Place

Phone: 02 9969 1313
Location: 131 Suakin Dr, Mosman NSW 2088
Email: director@sallysplace.gmail.com
Web: www.sallysplace.com.au
Hours: 7.30am-6pm
Contact: Sally Lock
Eligibility: Up to 5 years.

SDN Mosman Children's Education and Care Centre

Phone: 02 9953 2471
Location: 33 Brierley St, Mosman NSW 2088
Email: mosman@sdn.org.au
Web: www.sdn.org.au
Hours: Mon-Fri 7:30am-6pm

Shadforth Cottage Preschool

Phone: 02 9969 0550
Location: 129 Avenue Rd, Mosman NSW 2088
Email: preschool@shadforthcottage.com.au
Web: www.shadforthcottage.com.au
Hours: Mon-Fri 7.30am-6pm
Contact: Owner/Director-Sylvia Botros
Eligibility: Up to 6 years.

Preschools

Preschools (also known as kindergartens) provide an educational program in a dedicated preschool setting catering for children aged between 3 and 5 years of age. Educational programs are provided, based on the developmental need, interests and experience of each child. Most services operate between 9am-3pm during school terms only. Some preschools offer extended hours, which consists of the preschool program plus additional care before and after the program; for example, from 8am-9am or 3pm-4pm.

Killarney School

Phone: 02 9969 7624
Location: 71 Belmont Rd, Mosman NSW 2088
Email: director@killarneyschool.com.au
Web: www.killarneyschool.com.au
Hours: Mon-Fri 8:30am-3pm
Eligibility: From 3 to 5 years.

KU Mosman Community Preschool

Phone: 02 9969 3070
Location: 38a Belmont Rd, Mosman NSW 2088
Email: ku.mosman@ku.com.au
Web: www.ku.com.au
Hours: Mon-Fri 8:30am - 3:30pm

Eligibility: Priority given to children who turn 4 by the 31st July the year they attend. From 3 to 6 years.

Mosman Occasional Child Care

Phone: 02 99784197

Location: 38a Belmont Rd, Mosman NSW 2088

Email: ku.mosman@ku.com.au

Web: www.ku.com.au

Hours: Preschool program Mon-Tues 8am

Eligibility: 3-5 years old.

Northern Nursery School

Phone: 02 9969 3586

Fax: 02 9968 4057

Location: 41 Wyong Rd, Mosman NSW 2088

Email: northernnursery@bigpond.com

Web: www.northernnursery.nsw.edu.au

Hours: Mon-Fri 9am-3pm

Eligibility: From 3 to 5 years.

Redlands House

Phone: 02 9909 3133

Fax: 02 9909 3228

Location: 2 Allister St, Cremorne NSW 2090

Mail to: 272 Military Rd, Cremorne NSW 2090

Email: enquiries@redlands.nsw.edu.au

Web: www.redlands.nsw.edu.au

Hours: 8.30am-2.30pm, Mon-Fri

Contact: Enrolment information email is registrar@redlands.nsw.edu.au

Fees: Call for details.

Disability Access: Yes (Call to discuss your access requirements)

Eligibility: From 3 to 5 years.

SDN Mosman Children's Education and Care Centre

Phone: 02 9953 2471

Fax: 02 9953 8687

Location: 33 Brierley St, Mosman NSW 2088

Email: mosman@sdn.org.au

Web: www.sdn.org.au

Hours: Mon-Fri 7:30am-6pm

Playgroups

Mosman Council

Connections Playgroup

Phone: 02 9978 4196

Location: The Drill Hall, 1A Cross St, Mosman NSW 2088

Email: webmail@mosman.nsw.gov.au

Web: www.mosman.nsw.gov.au

Hours: Mon 10am - 12noon (ex school holidays)

Contact: Children's Services Office: 9978 4161

Disability Access: Yes (ramp and disabled toilet)

Mosman Melrose Street Playgroup

Phone: 0402 672 225

Location: Baptist Church, Melrose St, Mosman NSW 2088

Email: stanley.susan@yahoo.com

Hours: Tue, Wed, Thur 10am-12noon, Fri 9.30am - 11.30am

Contact: Coordinator-Susan Evans

Eligibility: Up to 5 years.

Mums@ 10

Phone: 02 9968 1699

Location: St Clement's Anglican Church, Cnr Raglan & Canrobert St, Mosman NSW 2088

Email: tracy@stclementsmosman.org.au

Web: www.stclementsmosman.org.au

Hours: 10am - 12noon during school terms.

Contact: Tracy McGregor - Children's Ministry.

Stay and Play

Phone: 02 9968 1699

Location: St Clements Church, Cnr Raglan & Canrobert St, Mosman NSW 2088

Email: tracy@stclementsmosman.org.au

Web: www.stclementsmosman.org.au

Hours: Wed 10am - 12 noon during school term.

Contact: Tracy McGregor -Children's Ministry.

Schools

Primary Schools

Beauty Point Public School

Phone: 02 9969 4260

Location: 17 Medusa St, Mosman NSW 2088

Email: beautypt-p.school@det.nsw.edu.au

Web: www.beautypt-p.schools.nsw.edu.au

Service Description: A co-educational primary school from kindergarten to year 6. There is a full range of curricula activities; choir, drama, two bands, debating team, gym, dancing, computer education, talented children's groups, participation in inter-school sport. P & C meeting third Mon of month 7:30pm.

Contact: Principal; Ms Shanti Clements

Blessed Sacrament School

Phone: 02 9969 7758

Location: 2 Queen St, Mosman NSW 2088

Mail to: PO Box 405, Mosman NSW 2088

Email: info@bscliftongardens.catholic.edu.au

Web: www.bscliftongardens.catholic.edu.au

Service Description: A co-educational Catholic school for Kindergarten to year 6.

Middle Harbour Public School

Phone: 02 9953 6232

Location: 8 Hale Rd, Mosman NSW 2088

Email: middleharb-p.school@det.nsw.edu.au

Web: www.mhps.nsw.edu.au

Service Description: Primary school.

Hours: Mon-Fri 9am-3pm

Contact: Principal Mrs Judith Smith

Disability Access: Yes

Eligibility: Kindergarten to Year 6

Referral: This organisation welcomes volunteer assistance for "Reading Tutor Program".

Mosman Church Of England Preparatory School

Phone: 02 9968 4044

Location: 75 Shadforth St, Mosman NSW 2088

Mail to: PO Box 950, Spit Junction NSW 2088

Email: school@mosmanprep.nsw.edu.au

Web: www.mosmanprep.nsw.edu.au

Service Description: A private primary school that provides educational facilities for boys aged between 4 and 12 years of age.

Hours: Mon-Fri 8am-4pm (Office Hours)

Contact: Headmaster-Mr Garry Brown

Disability Access: Yes (Halls, Library, & Art rooms)

Eligibility: From 4 to 12 years. Male Only.

Mosman Public School

Phone: 02 9969 9325

Location: 27 Belmont Rd, Mosman
NSW 2088

Email: mosman-p.school@det.nsw.edu.au

Web: www.mosman-p.schools.nsw.edu.au

Service Description: NSW Government education of children from Kindergarten to Year 6.

Minimosmarathon Fun Run held annually in June or early July.

Hours: Mon-Fri 9am-3:10pm

Contact: Principal – Mrs Kate Cooper.

Eligibility: In area enrolments (others considered). From 5 to 12 years.

Queenwood School For Girls Junior School

Phone: 02 9968 1899

Location: 6 Queen St, Mosman NSW
2088

Email: q@queenwood.nsw.edu.au

Web: www.queenwood.nsw.edu.au

Service Description: Day school for girls with a wide range of extra-curricular activities including sports, drama, music, art. Strong academic program differentiated for all needs. After school care available to boys and girls from other schools.

Hours: Mon - Fri 8am-4pm

Contact: Ms Judith McGregor - Director of Development and Business ph.: 9960 6751, Principal: Ms Elizabeth Stone.

Disability Access: No

Eligibility: From 5 to 12 years.

Redlands School

Phone: 02 9909 3133

Location: 272 Military Rd, Cremorne
NSW 2090

Email: enquiries@redlands.nsw.edu.au

Web: www.redlands.nsw.edu.au

Service Description: Redlands is a co-educational, independent grammar school, from Early Childhood to the NSW Higher School Certificate and the International Baccalaureate.

Hours: 8am-5pm

Contact: Principal - Dr Peter

Lennox **Tel:** 02 9909 3133

Disability Access: Yes (ramps, elevator)

Eligibility: From 3 to 18 years.

Sacred Heart Primary School

Phone: 02 9969 6600

Location: 8 Cardinal St, Mosman NSW
2088

Email: info@shmosman.catholic.edu.au

Web: www.sacredheartmosman.com

Service Description: A Catholic primary school for boys and girls, years k - 6.

Hours: Mon-Fri 8.40am-3pm

Contact: Principal: Mr Vincent Campbell

Secondary Schools

Mosman High School

Phone: 02 9968 1006

Location: Military Rd, Mosman NSW 2088

Email: mosman-h.school@det.nsw.edu.au

Web: www.mosmanhighschool.com.au

Service Description: Years 7-12 High School curriculum. The P & C meet on the third Thursday of the month at 7.30pm in the library.

Hours: Mon-Fri 8:30am-3:30pm

Contact: Principal - Mrs Susan Wyatt;

Disability Access: Yes (lifts, toilets, ramps)

Queenwood School For Girls

Phone: 02 8968 7777

Location: 47 Mandolong Rd, Mosman NSW 2088

Email: q@queenwood.nsw.edu.au

Web: www.queenwood.nsw.edu.au

Service Description: Day school for girls with a wide range of extra-curricular activities including sports, drama, music, art. Programs for gifted and talented students. Pastoral care and counselling service.

Hours: Mon-Fri 8am-4:30pm

Contact: Ms Judith McGregor-Director of Development and Business;
ph.: 9960 6751

Principal: Ms Elizabeth Stone

Disability Access: No

Eligibility: Female Only.

Redlands School

Phone: 02 9909 3133

Location: 272 Military Rd, Cremorne NSW 2090

Email: enquiries@redlands.nsw.edu.au

Web: www.redlands.nsw.edu.au

Service Description: Redlands is a co-educational, independent grammar school, from Early Childhood to the NSW Higher School Certificate and the International Baccalaureate.

Hours: 8am-5pm

Contact: Principal - Dr Peter Lennox
Tel: 9909 3133

Disability Access: Yes (ramps, elevator)

Eligibility: From 3 to 18 years.

Before and After School Care and Vacation Care

Before and After School Care provides care for primary school aged children before and after school. Experienced, qualified staff provide children with a variety of activities including art/craft, games, sport, drama and cooking.

Vacation Care provides care and recreation experiences for primary school aged children during school holidays, with a variety of activities and exercises.

Beauty Point School Out of School Hours Care Inc

Phone: 02 9960 1095

Location: 17 Medusa St, Mosman NSW 2088

Email: bppsoosh@bigpond.net.au

Web: www.beautypointoosh.webnode.com

Service Description: Before and after school care. Vacation care available in school holidays.

Hours: Before School Care 7.30am - 9am Mon-Fri; After School Care 3pm - 6pm Mon-Fri; Vacation Care 7.30am-6pm Mon-Fri

Contact: Director - Lucie Francis

Eligibility: From 5 to 12 years.

Referral: Opportunities for "Duke of Ed Volunteers".

The Kids Cottage Middle Harbour

Phone: 02 9908 2102

Location: 8 Hale Rd, Mosman NSW 2088

Email: info@kidscottagemiddleharbour.com

Service Description: The Kids Cottage is an OOSH care facility offering art and craft, sport and other activities. Venue: Middle Harbour Public School.

Hours: Office hours Mon-Fri 9am-6pm

Contact: Director: Kate Hall

Eligibility: From 4 to 12 years.

Mosman Church of England Preparatory School - After School Hours Care

Phone: 02 9968 4044

Location: Mosman Church of England Preparatory School, 75 Shadforth St, Mosman NSW 2088

Email: school@mosmanprep.nsw.edu.au

Web: www.mosmanprep.nsw.edu.au

Hours: 3pm - 6pm

Contact: 0412 229 164

Disability Access: Yes (Halls, Library, Art rooms)

Mosman Council - Before and After School Care and Vacation Care

Phone: 02 9978 4161

Location: The Drill Hall, 1A Cross St, Mosman NSW 2088

Email: webmail@mosman.nsw.gov.au

Web: www.mosman.nsw.gov.au

Service Description: Before and After School Care for Children attending Mosman Public School.

Hours: Before School: Mon-Fri 7:30am-9am; After School: Mon- Fri 3pm-6pm. Vacation care 8am-6pm.

Contact: ph.: 9978 4161

Disability Access: Yes (Toilet)

Redlands Out of School Hours Care (OOSH)

Phone: 0413 764 443

Location: 2 Allister St, Cremorne NSW 2090

Email: blytham@redlands.nsw.edu.au

Web: www.redlands.nsw.edu.au

Service Description: After School Care children aged 3-12 attending Redlands. The vacation program is available to children aged 3-12 years attending Redlands from 8am-6pm during school holidays.

Hours: Mon-Fri 3pm-6pm

Eligibility: From 3 to 12 years.

Mosman Council Children's Cultural & Leisure Programs

Mosman Library Service

Phone: 02 9978 4091

Location: Barry O'Keefe Library,
Library Walk, 605 Military Rd, Mosman
NSW 2088

Email: library@mosman.nsw.gov.au

Web: www.mosman.nsw.gov.au

Hours: Mon Wed Fri 9.30am-5.30pm,
Tues Thurs 9.30am-9pm, Sat
10am-4pm, Sun 10am-4pm

Disability Access: Yes (Toilet, Ramp
access)

Mosman Youth Art Prize

Phone: 02 9978 4178

Location: Mosman Art Galley &
Community Centre, Cnr Art Gallery
Way & Myahgah Rd, Mosman NSW
2088

Mail to: PO Box 211, Spit Junction
NSW 2088

Email: gallery@mosman.nsw.gov.au

Web: www.mosmanartgallery.org.au

Service Description: An annual
competition organised by Mosman
Council aimed at encouraging the
creative talents of young, aspiring and
emerging artists and providing a
showcase for their works.

Eligibility: From 12 to 21 years.

Mosman Youth Awards in Literature

Phone: 02 9978 4091

Location: Barry O'Keefe Library,
Library Walk, 605 Military Rd, Mosman
NSW 2088

Email: library@mosman.nsw.gov.au

Web: www.mosman.nsw.gov.au/library

Service Description: An annual award
where entrants submit one piece of
original prose or poetry of not more
than 1,000 words on a theme of the
writer's own choice. There are
categories for Primary years K-6, Junior
secondary years 7,8,9 and Senior
secondary years 10,11,12. Cash prizes
are awarded. Entry forms available
from Mosman Library Service and
www.mosman.nsw.gov.au/library/
Contact: Linda Horswell

Mosman Youth Development Centre

Phone: 02 9978 4013

Location: 30 The Crescent, Mosman
NSW 2088

Mail to: PO Box 211, Spit Junction
NSW 2088

Email: youth@mosman.nsw.gov.au

Web: www.mosmanyouth.com.au

Hours: During school term: Mon-Fri
3pm-6pm; Sat 12pm-5pm

Contact: Youth Development Officer
Disability Access: Yes (Accessible
entrance and toilet)

Eligibility: From 14 to 19 years.

Parenting Education and Support

Australian Breastfeeding Association - North Shore Group

Phone: (24 hr Breastfeeding Helpline)
1800 686 268

Location: Naremburn Community Centre, 7-9 Central St, Naremburn NSW 2065

Mail to: PO Box 4000, Glen Iris VIC 3146

Email: abalns.contact@gmail.com

Web: www.breastfeeding.asn.au

Hours: Meet 1st Tuesday of each month 10am - 12pm at Naremburn Community Centre; additional meetings per group bulletin.

Fees: Annual membership fee to attend more than 2 meetings and receive newsletter.

Disability Access: Yes (Ramp. Call to discuss access requirements.)

Eligibility: Anyone interested in breastfeeding, mothers, babies, pregnant women

Child and Adolescent Parenting

Phone: 02 8877 5376

Fax: 02 8877 5319

Meets at: Macquarie Hospital, North Ryde NSW 1670

Email: NSLHD-CYMHSParenting@health.nsw.gov.au

Web: www.nslhd.health.nsw.gov.au/services/CAP

Childbirth & Early Parenting Education Unit

Phone: 02 9462 9588

Location: Level 5, RNS Community Health Centre, 2C Herbert St, St Leonards NSW 2065

Email: nslhd-parented@health.nsw.gov.au

Web: www.nslhd.health.nsw.gov.au/parenting

Hours: Call for details - classes held day and evening, and Sat.

Fees: Fee applies, call for details.

Disability Access: Yes (Level access, accessible toilets and parking.)

Eligibility: Pregnant women and their families.

Tresillian Family Care Centre Willoughby

Phone: 02 8962 8300

Location: 2 Second Av, Willoughby NSW 2068

Email: tresillian.willoughby@sswahs.nsw.gov.au

Web: www.tresillian.org.au

Hours: Residential Program Mon-Fri

Contact: Acting Centre Manager

Fees: Nil

Disability Access: Yes

Eligibility: Up to 2 years.

Referral: Health Professional referral required.

Tresillian Family Care Centre

Phone: 02 9432 4000 (Office & Occasional Care)

Location: 25 Shirley Rd, Wollstonecraft NSW 2065

Email: tresillian.wollstonecraft@sswahs.nsw.gov.au

Web: www.tresillian.net

Hours: Day Stay & Office: 9am-5pm,
Mon-Fri. Occasional care for babies:
9.30am-2.30pm, Wed-Fri

Contact: Help Line: 7am - 11pm 9787
0855 or freecall 1300 272 736

Fees: No fee for Day Stay. Occasional
Care has daily fee.

Disability Access: Yes (Level access
and ramp. Outreach service available.)

Eligibility: Parents and carers of
children 0-3 years.

Referral: Referral from Early Childhood
Health nurse or doctor required for day
stay and outreach programs.

Support Services for Families

Al-Anon Family Groups

Phone: 02 9570 3400

Location: Parish Meeting Room, St Luke's Anglican Church, Heydon St, Mosman NSW 2088

Web: www.al-anon.alateen.org/australia

Service Description: Self-help group for relatives and friends of alcoholics.

Hours: Mon-Fri 10am-4pm (Office), Mon 8pm meeting

Catholic Education Office - Eastern Region

Phone: 02 8344 3000

Location: 33 Banks Ave, Daceyville NSW 2032

Email: er.reception@syd.catholic.edu.au

Web: www.ceosyd.catholic.edu.au

Hours: Mon-Fri 8.30 am-4.30 pm
Disability Access: Yes (Ramps, Toilets)

Eligibility: School age children with disability wanting to enrol in Catholic education. From 5 to 18 years.

CatholicCare

Phone: 02 9390 5377

Location: Level 10, 133 Liverpool St, Sydney NSW 2000

Email: info@catholiccare.org

Web: www.catholiccare.org

Hours: Mon-Fri 9am-5pm

Contact: Parent Help Line 1300 1300
52 Mon-Sat 9am -4:30 pm (support for parents of children 0-18yrs). Marriage and Family Counselling & Mediation
(02) 9390 5366

Disability Access: Yes (Lifts)

CatholicCare Diocese of Broken Bay Naremburn Family Centre

Phone: 02 8425 8700

Fax: 02 9438 4700

Location: 40 Merrenburn Avenue, Naremburn NSW 2065

Email: peter.maloney@dbb.org.au

Hours: 9am-5pm, after hours appointments are available at request

Contact: Manager

Disability Access: Yes (Wheelchair access)

Eligibility: Service is for families with children aged 0 - 18 and youths aged 12 – 25

Child Abuse Prevention Service

Phone: 1800 688 009; 02 9716 8000 (business hours)

Mail to: PO Box 1235, Ashfield NSW 2131

Email: mail@childabuseprevention.com.au

Web: www.childabuseprevention.com.au

Hours: Mon-Fri 9am-5pm

Contact: 02 9716 8000; 02 9797 8139

Child Development Service (CDS)

Phone: 02 9462 9288

Location: Level 2, Community Health Centre, Royal North Shore Hospital, 2C Herbert St, St Leonards NSW 2065

Email: NSLHD-CDS@health.nsw.gov.au

Hours: Mon-Fri 9am-5pm

Contact: Service Director

Disability Access: Yes

Eligibility: Children to age 8 with disabilities and special needs, with Medicare card

Cremorne Early Childhood Health Centre

Phone: 02 9953 7042

Location: 108 Parraween St, Cremorne NSW 2090

Disability Access: Yes (Level access, accessible toilets and parking.)

hours: Mon 9am-12pm

self-appointment time, pm

appointments only. Tues/Wed

appointments all day. Thurs 9am-12pm

self-appointment time and

breastfeeding support drop-in, pm

appointments only. Fri appointments only all day.

Eligibility: Up to 5 years.

Department of Human Services - Centrelink Chatswood

Location: Service Centre, 56-64 Archer St, Chatswood NSW 2067

Web: www.centrelink.gov.au

Hours: 8:30am- 4:30pm

Contact: 1800 000 567 (TTY), Manager

Disability Access: Yes (Toilets)

Dial-A-Mum Inc.

Phone: 02 9477 6777

Mail to: PO Box 419, Lindfield NSW 2070

Email: dial_a_mum@hotmail.com

Web: www.dialamum.com.au

Hours: 8am to 11pm. 7 days a week.

Contact: Telephone Counselling

Eligibility: Volunteers must be a mother and aged 21 years and over.

Early Education (EarlyEd) Inc

Phone: 02 9923 2727

Location: 3 Cunningham St, North
Sydney NSW 2060

Mail to: PO Box 19, 248 Miller St,
North Sydney NSW 2060

Email: info@earlyed.com.au

Web: www.earlyed.com.au

Hours: Mon to Fri 8:30am - 4:30pm

Contact: Director

Disability Access: Yes (Parking, level
access, toilet)

Eligibility: Children with disability /
difficulty and their families, birth to
school entry. Up to 8 years.

Referral: Family or others (with family's
permission)

Learning Difficulties Coalition (LDC) NSW Inc

Phone: 02 9806 9960 (Parent
HelpLine)

Mail to: PO Box 140, Westmead NSW
2145

Email: info@ldc.org.au

Web: www.ldc.org.au

Hours: Mon-Fri 9am-3pm (School days
only)

Contact: Helpline Co-ordinator

LifeSource Community Care (formerly ShoreCare)

Phone: 02 9417 7377

Location: via, 175 Lower Gibbes St,
Chatswood NSW 2067

Mail to: PO Box 753, Willoughby NSW
2068

Email: Community@LifeSource.org.au

Web: [www.LifeSource.org.au/Communi
ty](http://www.LifeSource.org.au/Community)

Hours: FoodCare: Thurs 10am-12
(Office: Mon-Fri 9am-4pm)

Contact: Sandra Brame, Administrator

Disability Access: Yes (Lifts, hearing
loops)

Referral: Not required if you have a
Centrelink Concession Card

Lifestart Northern Beaches

Phone: 02 9981 5620

Location: Level 4B, 685 Pittwater Rd,
Dee Why NSW 2099

Mail to: PO Box 532, Dee Why NSW
2099

Email: [northernbeaches@lifestart.org.a
u](mailto:northernbeaches@lifestart.org.au)

Web: www.lifestart.org.au

Hours: Mon-Fri 8am-6pm

Contact: Coordinator

Disability Access: Yes (level entry,
toilets, parking)

Eligibility: Any person with a disability
or developmental delay. Up to 24 years.

Referral: Families can self-refer

Mosman Language and Learning Centre

Phone: 02 9968 4075

Location: Suite 1, 836 Military Rd,
Mosman NSW 2088

Email: [info@mosmanspeechpathology.
com.au](mailto:info@mosmanspeechpathology.com.au)

Web: [www.mosmanspeechpathology.c
om.au](http://www.mosmanspeechpathology.com.au)

Hours: Mon - Fri 7.30 - 6pm

Eligibility: Up to 18 years.

Referral: Self, GP, Paediatrician,
preschools and other agencies

Northern Sydney - Child Protection Service

Phone: 02 9462 9266

Location: RNS Community Health Centre, Level 2, 2C Herbert St, St Leonards NSW 2065

Web: www.nslhd.health.nsw.gov.au/Services/Directory/Pages/Northern-Sydney-Child-Protection-Services-NSLHD.aspx

Hours: 8.30am-5pm, Mon-Fri. After hours RNSH switch: (02) 9926 7111

Disability Access: Yes (Level access, lifts, accessible toilets and parking.)

Eligibility: Up to 16 years. Children and young persons confirmed by DOCS as at risk of harm.

Referral: Must be referred by DOCS, Joint Investigation Team or Courts

Parent Line

Phone: 1300 130 052

Mail to: PO Box 360, Summer Hill NSW 2130

Email: info@parentline.org.au

Web: www.parentline.org.au

Hours: Mon-Fri 9am-9pm, Sat Sun 4pm-9pm

Specific Learning Difficulties Association of NSW (SPELD) Inc

Phone: 02 9739 6277

Location: Suite 2, 172 Majors Bay Rd, Concord NSW 2137

Email: enquiries@speldnsw.org.au

Web: www.speldnsw.org.au

Hours: Mon-Thu 10am-2pm, closed Fri. Open school holiday days

Disability Access: No (Parking)

Eligibility: Any person with specific learning disabilities, or helpers

Referral: Anyone or self

Child Safety

Kidsafe NSW

Phone: 02 9845 0890

Location: Kidsafe House, Hainsworth St, Westmead NSW 2145

Mail to: c/- Children's Hospital
Westmead, Locked Bag 4001,
Westmead NSW 2145

Email: kidsafe@chw.edu.au

Web: www.kidsafensw.org

Hours: Mon-Fri 9am-5pm

Disability Access: No (stairs)

Poisons Information

Hotline

Phone: 13 11 26

Location: The Children's Hospital
Westmead, cnr Hawkesbury Rd and
Hainsworth St, Westmead NSW 2145

Mail to: Locked Bag 4001, Westmead
NSW 2145

Web: www.poisonsinfo.nsw.gov.au

Hours: 24 hours

Nappy Change Facilities

Nappy change facilities are available at the following locations:

BRIDGEPOINT SHOPPING CENTRE

1-3 Brady Street, Mosman 2088

Located in the ladies toilets on Level 1

MOSMAN ART GALLERY & COMMUNITY CENTRE

Cnr Short Street and Myahgah Road, Mosman 2088

Located in the restrooms on the ground floor

MOSMAN LIBRARY SERVICE

Barry O'Keefe Library

605 Military Road, Mosman 2088

Located in the restrooms on Level 1

SIRIUS COVE

Sirius Cove Road, Mosman 2088

Located in the ladies toilets at the entrance to the reserve

Equipment Hire

Gillespie's Hire and Sales Service

Phone: 02 9411 2180; 0419 614 608

Location: 13 Elizabeth St, Artarmon
NSW 2064

Mail to: PO Box 45, Artarmon NSW
1570

Email: sales@ghss.com.au

Web: www.ghss.com.au

Hours: Mon-Fri 8:30-5pm Sat
9am-12pm

Contact: Martin Brent; Chris Gillespie

Disability Access: Yes (Ramp)

Pearce's Child Restraints

Phone: 02 9997 4602

Location: 5/6 Wilmette Pl, Mona Vale
NSW 2103

Email: info@pearceschildrestraints.com.au

Web: www.pearceschildrestraints.com.au

Hours: Mon-Sat - appointments
essential

Contact: Mitch Burt ph.: 02 9997 4602

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